Climate change and Menstrual Health and Hygiene

Compromises menstrual health
- Impacts menstrual hygiene and increases risk for discomfort, infections, and gender-based violence
- Causes anxiety and stress
- Undermines healthcare seeking, information and support seeking
- Intensifies gender inequalities

Vulnerability factors
- Demographic
- Socio-political
- Socio-economic
- Biological factors and health status
- Gender inequalities
- Geographical
- Health systems capacity

Short and Mid Term Impacts

Disruption in menstrual product supply chains
- Disruption in electricity supply
- Disruption in WASH facilities
- Disruption in school
- Disruption in health services

Exacerbation of menstrual health concerns and disorders
- Displacement or forced migration
- Disruption in sanitation

Disruption in menstrual health in light of other needs
- Extreme heat
- Rise in sea levels
- Drought and water scarcity

Menstrual Health & Hygiene related risks to climate change
- Climate change
- Menstrual Health
- Menstrual justice

This brief was prepared by members of the Global Menstrual Collective (GMC) Climate Change & MHH working group.